

ARTICLE I. NAME OF ORGANIZATION

The organization shall be called **Black Girls Rock Fitness Club** at UC San Diego. BGR

ARTICLE II. STATEMENT OF PURPOSE

The purpose of Black Girls Rock Fitness Club is to empower and uplift Black women through fitness, health education, and community support. We are committed to fostering a safe and inclusive environment where members can prioritize their physical, mental, and emotional well-being. Through group workouts, wellness workshops, and community outreach, we strive to create a space that encourages self-love, resilience, and the celebration of our collective strength and individuality. Black Girls Rock! Fitness Club is more than a fitness group—it is a movement dedicated to promoting holistic health and building a sisterhood that inspires confidence and transformation.

ARTICLE III. NONPROFIT STATEMENT

Black Girls Rock Fitness Club at UC San Diego is a non-profit student organization.

ARTICLE IV. REQUIREMENTS FOR MEMBERSHIP

- Students enrolled at UC San Diego- full and/or part-time
- Open and welcome to all majors
- Intended for students who identify as part of a racial or ethnic minority group
- No Dues associated with membership

Black Girls Rock! Fitness Club at UC San Diego complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, religion, or sex (including pregnancy, sexual orientation, and gender identity).

- UC San Diego: https://ophd.ucsd.edu/policies-procedures/nps_student.html

ARTICLE IV. SECTION 1. HAZING PREVENTION - New for 2025/26 Academic Year!

Black Girls Rock Fitness Club is committed to maintaining a safe, inclusive, and respectful environment for all its members and does not condone hazing. Hazing, in any form, is strictly prohibited within the organization in compliance with state and federal law, Regents' policies and University regulations. Participation in hazing or any intentional, knowing, or reckless act, activity, or method committed by a person (whether individually or in concert with other persons) against another person or persons, including current, former, or prospective students, regardless of the willingness of such other person or persons to participate, that is committed in the course of a preinitiation, an initiation into, an affiliation with, or the maintenance of membership in, an official or unofficial student organization or other student group that i. causes or creates a risk, above the reasonable risk encountered in the course of participation in the institution of higher education or the organization (such as the physical preparation necessary for participation in an athletic team), of physical or psychological injury, including personal degradation or disgrace, and/or ii. the person knew or should have known was likely to cause serious bodily injury. As an

organization, we understand that failure to abide by hazing policies and laws will result in referral to the Center for Student Accountability, Growth, and Education (SAGE) for an organizational violation and/or individual violation(s).

ARTICLE V. MEETINGS

The Black Girls Rock Fitness Club intends to hold an official meeting at least once a month at either the Cross-Cultural Center or the Black Resource Center, with the principal members meeting at least once in addition to the normal group meeting, to discuss the overview of the organization

ARTICLE VI. QUALIFICATIONS FOR HOLDING OFFICE AND METHODS OF SELECTING AND REPLACING OFFICERS

Only registered UC San Diego students may hold office in the organization. Only registered UC San Diego students may vote in elections for the selection of the organization’s officers.

3 Key Principal Members' Duties Include:

- Calls meetings of the organization
- Develops plans, goals, and events for the organization
- Maintains contact with affiliated university
- Maintains contact with the organization advisor
- Serves as a leader and advisor for the organization
- Handles monetary/financial operations
- Obtains appropriate facilities for organization activities
- Maintains a record of all members in the organization
- Notifies all members of meetings and events
- Prepares and maintains the organization calendar
- Keeps and distributes minutes for each meeting
- Manages social media accounts for the organization
- Ensures messages on social media accounts are promptly responded to
- Update social media of upcoming events and meetings

Election for Replacement of Principal Members

- Principal Members must have attended at least two prior organizational meetings
- Members eligible for principal titleship must display leadership tendencies and demonstrate a want to become principal members.

Removal of Officers

Officers may be removed from their position by a majority vote of the remaining officers AND a ¾ vote by the voting members in the Club. In the event of an officer removal or resignation, the vacancy shall be filled by an appointment made by the remaining officers.

ARTICLE VI. SECTION 1. REMOVAL PROCESS

GROUND FOR REMOVAL

- FAILURE TO FULFILL ASSIGNED DUTIES.
- VIOLATION OF THE CONSTITUTION, BYLAWS, OR UC SAN DIEGO POLICIES.
- CONDUCT INCONSISTENT WITH THE MISSION AND VALUES OF THE ORGANIZATION.
- EXCESSIVE UNEXCUSED ABSENCES FROM MEETINGS/EVENTS

PROCEDURES

1. WRITTEN NOTICE OF POTENTIAL REMOVAL, INCLUDING REASON(S) AND DATE OF HEARING/VOTE.
2. HEARING WHERE THE INDIVIDUAL MAY PRESENT A DEFENSE AND COUNTER-EVIDENCE.
3. VOTE CONDUCTED ACCORDING TO A ROLE-SPECIFIC PROCESS.
4. WRITTEN NOTICE OF FINAL DECISION PROVIDED WITHIN 48 HOURS.

ROLE-SPECIFIC REMOVAL

- MEMBERS — MAJORITY VOTE OF OFFICERS AND MAJORITY VOTE OF ACTIVE MEMBERS.
- OFFICERS — MAJORITY VOTE OF REMAINING OFFICERS AND $\frac{3}{4}$ VOTE OF VOTING MEMBERS. VACANCY FILLED BY AN OFFICER APPOINTMENT.
- PRINCIPAL MEMBERS — UNANIMOUS VOTE OF REMAINING PRINCIPAL MEMBERS AND $\frac{3}{4}$ VOTE OF VOTING MEMBERS. VACANCY FILLED THROUGH A SPECIAL ELECTION WITHIN TWO WEEKS.

ARTICLE VII. RISK MANAGEMENT

Black Girls Rock Fitness Club at UC San Diego is a registered student organization at the University of California, San Diego, but not part of the University itself. **Black Girls Rock Fitness Club** at UC San Diego understands that the University does not assume legal liability for the actions of the organization. Possible risks associated with being involved in this organization may be that participants are subject to topics that society usually labels as sensitive, and members of the organization must understand that they are to behave respectfully and responsibly in the intended safe shared space that is to be the Black Girls Rock! Fitness Club. Only registered UC San Diego students may hold office in the organization. Only registered UC San Diego students may vote in elections for the selection of the organization's officers. **Black Girls Rock Fitness Club** at UC San Diego is a registered student organization at UC San Diego, but not part of the University itself. Black Girls Rock! Fitness Club at UC San Diego understands that the University does not assume legal liability for the actions of the organization.

NOTE: The following Risk Management sections are required if applicable to your organization.

Will your organization work with minors or the elderly? If yes, you must include the following statement:

ARTICLE VII. SECTION 1. IN CASE OF INTERACTION WITH MINORS AND/OR ELDERLY

Black Girls Rock Fitness Club at UC San Diego is aware that all registered student organizations that serve minors or the elderly have access to training on child and elder abuse prevention for its members via UC Learning <https://uclearning.ucsd.edu>. **Black Girls Rock Fitness Club** will develop plan(s) for activities and events where members will be interacting with minors or the elderly such that members will receive education and/or training on Child Abuse Neglect Reporting Act (CANRA), common sense measures to both avoid child or elder abuse allegations (i.e. avoiding one-on-one situations; working with minors in plain view of others; limiting calls/texts/social media posts or other communications with minors), and how to properly report potential harm or neglect to minors or the elderly with whom they

are working.

Will your organization be involved in providing any kind of medical assistance? If yes, you must include the following statement:

ARTICLE VII. SECTION 2. IN CASE OF THE PROVISION OF MEDICAL ASSISTANCE

In the event that the **Black Girls Rock Fitness Club** at UC San Diego provides medical assistance to a community, all volunteers will work under the direction of licensed professionals (doctors, nurses, counselors, etc.). The University does not recommend that students provide medical assistance.

ARTICLE VII. SECTION 3. IN CASE OF INTERNATIONAL TRAVEL

Black Girls Rock Fitness Club at UC San Diego recognizes that the University generally recommends against all international travel by Student Organizations due to the myriad of risks travelers face in foreign countries. Student organizations are discouraged from traveling to foreign countries due to the wide variety of risks involved with foreign travel and the extensive planning efforts required by the Student Organization's Members to manage those risks. Security risks and health care services vary widely from one country to another, so thorough research on those topics is especially important. International travelers are advised to research the US State Department Travel Advisories and the CDC Travel Health site and abide by all recommended alerts and warnings, and procure travel insurance with medical coverage that covers their chosen destination, because most US health Plans are not valid in foreign countries.

ARTICLE VII. SECTION 4. IN CASE OF HANDLING OF HAZARDOUS CHEMICALS, MATERIAL, EQUIPMENT, AND/OR MACHINERY

Black Girls Rock Fitness Club at UC San Diego recognizes that all student organization activities must be conducted safely, in accordance with all applicable federal, state, and local laws. Additionally, **Black Girls Rock Fitness Club** at UC San Diego will abide by UC San Diego requirements for students in labs, including policies for minors in UC laboratories, and ensure members receive safety training regarding the use of chemicals and/or machinery before entering the lab. Members must follow any best practices and lab safety protocols for the use of such chemicals, research equipment, or machinery, including the appropriate use of Personal Protective Equipment, and should work under close supervision of those trained in the handling of chemicals/use of research equipment or machinery.

The Following Articles Are Optional - Recommended to Include if Applicable

ARTICLE X. FINANCIAL MANAGEMENT

The organization plans to finance its activities through fundraising through members and the institution. All monetary value earned by the organization will be handled by the principal members under a specific bank

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account for the organization planned to be operated by the three principal members. The principal members are responsible for holding receipts of all money spent affiliated with the organization.