

Fitness Lifestyle eXcellence (FLX) Club Constitution
2024-2025 Academic Year

ARTICLE I: Name of Organization:

The organization shall be called Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego.

ARTICLE II: Purpose of Organization

The purpose of this organization is to encourage students to actively participate in physical activities in a social environment while fostering personal growth in physical, financial, and social endeavors. We aim to create a cohesive community through events such as running clubs, social events, and other physical events while simultaneously providing opportunities for networking, mentorship, and leadership development.

ARTICLE III: Nonprofit Statement

Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego is a non-profit student organization.

ARTICLE IV: Requirements for Membership

Members must be UC San Diego-registered undergraduates.

ARTICLE V: Qualifications for Holding Office and Methods of Selecting and Replacing Officers

Only registered UC San Diego students may hold office in the organization. Only registered UC San Diego students may vote in elections for the selection of the organization's officers. Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego will have 6 core officers. Additional officers may be added in the future after further development.

The President will oversee all club activities, logistics, and overall coordination. The President will also be in charge of making executive decisions about the club's overall structure and events

The Vice President will assist the President in his duties as well as make major executive decisions if the President is unavailable.

The Treasurer will oversee all financial transactions within the club, as well as allocate funding to further optimize the club's resources and outputs.

The Events Coordinator will brainstorm and organize all events as well as coordinate the expenses of each event

The Media Coordinator is in charge of filming, editing, and producing media for Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego

The Marketing Coordinator will be in charge of Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego's social media accounts as well as strategizing marketing campaigns for the club.

New upcoming officers will undergo two different processes to be officially elected during the Spring Quarter. First, an upcoming officer must undergo and pass a basic interview with the club President. After the interview, the upcoming officer must gain the approval of at least 2/3 of the current board members through an election process for an official result. Officers must serve a minimum of a year.

ARTICLE VI: Fundraising

Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego will be financially independent for the most part but may take advantage of financial resources from A.S. as necessary to fund catering for on-campus meetings. As a nonprofit organization, the club does not have a financial account. Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego may submit a budget to A.S. as needed for any planned events. All funds collected from students' annual fees will go directly back into the club in the form of trips, merchandising, club-use boards,

ARTICLE VII: Risk Management

Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego is a registered student organization at the University of California, San Diego, but not part of the University itself. Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego understands that the University does not assume legal liability for the actions of the organization.

The primary risks associated with Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego would be injuries sustained by physical exercises. Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego will mitigate these risks and injuries by stretching and warming up before any physical activity while informing members about proper form or technique when it comes to weight lifting. For members with little experience in working out or other physical activities, a selected officer/s will give a safety briefing to these members, ensuring a safe environment.

ARTICLE VII: Risk Management Section 1. IN CASE OF HANDLING OF HAZARDOUS EQUIPMENT, AND/OR MACHINERY

Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego recognizes that all student

organization activities must be conducted safely, in accordance with all applicable federal, state, and local laws. Additionally, Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego will abide by UC San Diego requirements for student safety and ensure members receive safety training regarding the use of workout machinery before entering the lab. Members must follow any best practices and fitness safety protocols for the use of such workout machinery, including the appropriate use of Personal Protective Equipment, and should work under close supervision of those trained in fitness/use of workout machinery.

ARTICLE VIII: Frequency of Organization Meetings

Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego will aim to have at least 1 bi-weekly fitness meeting while more socially oriented events will be attempted to be held at least 1 time each quarter either on campus or off campus depending on Fitness, Lifestyle, and eXcellence (FLX) Club at UC San Diego's current funding. Minutes will not be taken for these gatherings, and attendance at any of these gatherings is optional.