

Girl Gains AT UC San Diego CONSTITUTION – 2023-2024 ACADEMIC YEAR

ARTICLE I. NAME OF STUDENT ORGANIZATION

- A. The organization shall be called Girl Gains at UC San Diego.

ARTICLE II. STATEMENT OF PURPOSE

- A. Our mission is to promote female weight lifting and empower women to feel strong and beautiful in a judgment-free community. Whether they're a dedicated gym-goer or a curious beginner, Girl Gains is a college campus organization and an evolving online community here to support members in every stage of their fitness journeys. Although we are female-oriented, we welcome members of all gender identities so long as they support and embody our mission.

ARTICLE III. NONPROFIT STATEMENT

- A. Girl Gains at UC San Diego is a non-profit student organization.

ARTICLE IV. REQUIREMENTS FOR MEMBERSHIP

- A. Girl Gains at UC San Diego does not require dues or keep track of membership to encourage a stress-free environment for students hoping to enter the gym-space.
- B. Principal Members are required to attend all board meetings and 75% of events with the exception of pre-approved absences. Failure to be present at board meetings or events will result in removal from the board at the end of the academic quarter.

ARTICLE V. FREQUENCY OF ORGANIZATION MEETINGS

- A. *Girl Gains at UC San Diego will meet once every week, switching between general body meetings, social meetings, and informational sessions*

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ARTICLE VI. QUALIFICATIONS FOR HOLDING OFFICE AND METHODS OF SELECTING AND REPLACING OFFICERS

- A. Only registered UC San Diego students may hold office in the organization. Only registered UC San Diego students may vote in elections for the selection of the organization's officers.
- B. Officer terms are a full academic year with the exception of graduation or leave of absence. Positions are open to all eligible members. There are to be at the minimum: President, Vice President, Events Coordinator, Director of Marketing. Other positions may become available with necessity.
- C. Vacancies in any elected office other than that of the President shall be filled via an election held by the executive board and appointed by a majority vote. If the position of President becomes vacant as the result of resignation or graduation, the Vice-President shall assume the office. All elections should be fair; the application and interview process should be consistent among all nominees. Fitness level should not be considered in electing an individual to the executive board.

ARTICLE VII. RISK MANAGEMENT

- A. Girl Gains at UC San Diego is a registered student organization at the University of California, San Diego, but not part of the University itself.
- B. Girl Gains at UC San Diego understands that the University does not assume legal liability for the actions of the organization.
- C. Girl Gains at UC San Diego is a weight lifting club, a sport that can cause potential injury. The club is dedicated to preventing such injury through teaching proper form and encouraging safe lifting habits.

ARTICLE VII. SECTION 2. IN CASE OF THE PROVISION OF MEDICAL ASSISTANCE

- A. In the event that Girl Gains at UC San Diego provides medical assistance to a community, all volunteers will work under the direction of licensed professionals (doctors, nurses, counselors, etc.). The University does not recommend that students provide medical assistance.

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ARTICLE IX. FINANCIAL MANAGEMENT

- A. *Girl Gains at UC San Diego will be solely supported by University funds or fundraised money. No dues will be collected for the purpose of maintaining the club. In some cases, a fee may be charged for club events.*

ARTICLE X. AFFILIATION WITH OTHER GROUPS

- A. *Girl Gains at UC San Diego is a chapter of the national organization, Girl Gains. With this affiliation, officers are expected to follow the national Girl Gains handbook in addition to the UC San Diego chapter's guidelines.*