### MOOD PSYCHOLOGY AT UC SAN DIEGO CONSTITUTION - 2023-2024 ACADEMIC YEAR

### ARTICLE I. NAME OF ORGANIZATION

The organization shall be called Mood Psychology at UC San Diego.

# **ARTICLE II. STATEMENT OF PURPOSE**

Established in 2018, Mood Psychology has been dedicated to raising mental health awareness services among international students, including showing students how to get professional psychological counseling resources on campus, holding helpful academic seminars and publishing psychological health related articles. As a student organization based in the University of California, San Diego, we want to create a convenient access for international students (or students whose primary language is not English) to learn about psychological healthiness and help them to relieve their stress while studying abroad.

### ARTICLE III. NONPROFIT STATEMENT

Mood Psychology at UC San Diego is a non-profit student organization.

### ARTICLE IV. REQUIREMENTS FOR MEMBERSHIP

As a volunteer-based organization, we do not require any fees from the members. However, we might hold volunteer donation events in the future to maintain the daily expenses of the organization. There are no specific restrictions to participate in our club, but we expect our members to be kind-hearted and patient. There will also be a short face-to-face interview (15 mins) before each quarter to help us follow up with each member.

### ARTICLE V. FREQUENCY OF ORGANIZATION MEETINGS

Normally, we will have weekly meetings during Friday. To be active members, we required them to attend at least 7 weekly meetings per quarter (there are 10 meetings in total each quarter) and devote at least 3 hours each week for the club. And each weekly meeting will last from 45 min-60 min.

# ARTICLE VI. QUALIFICATIONS FOR HOLDING OFFICE AND METHODS OF SELECTING AND REPLACING OFFICERS

Only registered UC San Diego students may hold office in the organization. Only registered UC San Diego students may vote in elections for the selection of the organization's officers.

Currently there are two presidents and four principal members in the club. The president is in charge of making long-term decisions and making sure everyone is on the right track. As for the four principal members, there will be one marketing manager who will focus on the club's advertising and promotion, one copy, write officer who is responsible for viewing and editing weekly articles, one project manager who is in charge of future events and one technical manager who will be focused on programming and web page building. The Election process will be held each year and be based on both decisions of the president and active members that year.

# **ARTICLE VII. RISK MANAGEMENT**

Mood Psychology at UC San Diego is a registered student organization at the University of California, San Diego, but not part of the University itself.

Mood Psychology at UC San Diego understands that the University does not assume legal liability for the actions of the organization.

In case of any emergency, we will follow the direction of professional licensed doctors from Counseling and Psychological Services (CAPS) and inform them about the case.:

# ARTICLE VII. SECTION 1. IN CASE OF INTERACTION WITH MINORS AND/OR ELDERLY

Mood Psychology at UC San Diego is aware that all registered student organizations that serve minors or the elderly have access to training on child and elder abuse prevention for its members via UC Learning <a href="https://uclearning.ucsd.edu">https://uclearning.ucsd.edu</a>. [Name of the organization] will develop plan(s) for activities and events where members will be interacting with minors or the elderly such that members will receive education and/or training on Child Abuse Neglect Reporting Act (CANRA), common sense measures to both avoid child or elder abuse allegations (i.e. avoiding one-on-one situations; working with minors in plain view of others; limiting calls/texts/social media posts or other communications with minors), and how to properly report potential harm or neglect to minors or the elderly with whom they are working.

# ARTICLE VII. SECTION 2. IN CASE OF THE PROVISION OF MEDICAL ASSISTANCE

In the event that Mood Psychology at UC San Diego provides medical assistance to a community, all volunteers will work under the direction of licensed professionals (doctors, nurses, counselors, etc.). The University does not recommend that students provide medical assistance.

# ARTICLE VII. SECTION 3. IN CASE OF INTERNATIONAL TRAVEL

Mood Psychology at UCSD recognizes that the University generally recommends against all international travel by Student Organizations due to the myriad of risks travelers face in foreign countries. Student organizations are discouraged from traveling to foreign countries due to the wide variety of risks involved with foreign travel, and the extensive planning efforts required by the Student Organization's Members to manage those risks. Security risks and health care services vary widely from one country to another, so thorough research on those topics is especially important.

International travelers are advised to research US State Department Travel Advisories and the CDC Travel Health site and abide by all recommended alerts and warnings, and procure travel insurance with medical coverage that covers their chosen destination because most USA Health Plans are not valid in foreign countries.

# ARTICLE VII. SECTION 4. IN CASE OF HANDLING OF HAZARDOUS CHEMICALS, MATERIAL, EQUIPMENT, AND/OR MACHINERY

Mood Psychology at UC San Diego recognizes that all student organization activities must be conducted safely, in accordance with all applicable federal, state and local laws. Additionally, [Name of the organization] at UC San Diego will abide by UC San Diego requirements for students in labs, including policies for minors in UC laboratories, and ensure members receive safety training regarding the use of chemicals and/or machinery before entering the lab. Members must follow any best practices and lab safety protocols for the use of such chemicals, research equipment or machinery, including the appropriate use of Personal Protective Equipment, and should work under close supervision of those trained in the handling of chemicals/use of research equipment or machinery.